

2025-26

LOTUS EDUCATION INSTITUTE

IN-PERSON CLASS SCHEDULE



Academic Work Plus Hands On Technique Courses

All work will be done in class with 1-2 hours of homework per week.

Meet Mondays, Tuesdays, and Wednesdays from 9 am – 5 pm.

September - October 2025

9.8.25 – 10.15.25

- Professional Massage Essential Practices
- Anatomy Foundations
- Therapeutic Massage 1

October - December 2025

10.20.25 – 12.3.25

- Therapeutic Massage 2
- Massage Therapy Intensive 1
- Anatomy Foundations Continued
- Thanksgiving Break: 11/24 – 11/28
- Therapeutic Massage 3: **12/8 – 12/17** (M, Tu, W)
- Winter Break: 12/22/25 – 1/2/26

January - February 2026

1.5.26 – 2.25.26

- Intensive 3: Spa / Special Populations
- Business
- Intensive 2: Myofascial and Deep Tissue Massage
- Physiology
- MLK Day Break: 1.29.26
- President's Day Break: 2.16.26

March - April 2026

3.2.26 – 4.3.26

- 150 hrs of Clinic or
- Electives
- Spring break TBD